

Earthly possessions

Care for yourself — inside and out — and love the planet while you're at it.

Luscious locks

Treat your hair to some salon-style pampering from the comfort of your own bathroom. **Everescents Organic Leave In Moisture** (shown below), \$21.90, will help to re-hydrate and soften straw-like strands. After one application of this plant-based conditioner, containing no artificial fragrances or potentially irritating ingredients, my fine hair felt softer and easier to manage. Translation: I was able to comb through to the ends without any snags or tangles. Not only does the range use certified organic ingredients where possible, they also donate 5c from every hair care product sold to Camp Quality, a national non-profit organisation bringing hope to children living with cancer and their families. For stockist details, call 1300 856 744 or buy online at www.everescents.com.au.



Good day, sunshine

Forget mascara or lip-gloss, come summer the one product you shouldn't leave home without is a tube of **Avado Pure By Nature Baby Sunscreen SPF 30+**, \$26. Packed with plant-derived oils, such as macadamia nut, grape seed, and sesame, and free from synthetic chemicals, this broad spectrum sunscreen has no unpleasant chemical smell. Although originally formulated with babies in mind, the cream is suitable for the whole family, particularly those with sensitive skin. It moisturises as well as protects from UVA and UBA radiation in the Sun's rays. For stockist information, call (03) 6225 4098 or email info@avadoorganics.com.



A balm for all occasions

Your bathroom cabinet is about to get a green version of petroleum jelly: introducing **Trilogy Everything Balm**, \$34.95. This New Zealand skincare product is bound for cult status as it can be used as a massage balm, lip salve, post-shave soother as well as smoothing dry patches just about anywhere on your body, or your baby's, from face, to cuticles, elbows and feet. The minimal ingredient list combines organic rosehip oil with the finest pure plant extracts, and is free from synthetic fillers, artificial fragrances, mineral oils and parabens. All contained in one neat jar! For stockist details, visit www.trilogyproducts.com.



Pure style

Adopting a green wardrobe needn't mean exchanging style for beige, baggy or boring pieces. **Pure Pod** is one of the eco-fashion brands designing stylish, ethical clothing, which are cropping up everywhere. Its range for men and women is original, versatile and made from high quality, sustainable fabrics including bamboo, organic cotton, hemp, soy and silk. "Today's fashion is tomorrow's waste, is a motto I use," says Kelli Donovan, who together with partner Sean Watson, launched the label in 2006. "I have intentionally designed ranges that will not be changed each season and have classic styles that can go across age groups and sizes." For stockist details, call (02) 6687 0411 or visit www.purepod.com.au



Right: 'Freedom' crop jacket, screen-printed bamboo and organic cotton jersey knit from textile designer Anne Leon, \$242.

One stop eco-shop

Setting up their business by the adage 'reduce, reuse, recycle', Clarissa Jacques and Angus Clark have successfully launched **Ethical Threads**, a Perth-based eco-fashion store. They stock products and brands with the underlying philosophy of sweatshop-free, fair trade and environmentally responsible practices. Carrying clothing for both men and women made from sustainable fibres (hemp, organic cotton and bamboo), they also have bags, shoes and accessories made of hemp, recycled products and vegan-friendly materials. Many of their suppliers use solar power, dye with vegetable inks and recycle waste. This is one shop I'd love to see become a chain store! Call (08) 9381 4641 or visit www.stylewithsoul.com.au.



Trashbags is one range carried by Ethical Threads. Pictured here are the recycled lunchboxes (above, left), \$25, and the recycled esky (above, right), \$40.



Left: 'Trance' dress, bamboo and organic cotton jersey knit, \$120.

Below: 'Purity' tunic, hand-printed fabric, from textile designer Anne Leon, \$286.



What's your bag?

One of the most useful green fashion items, not to mention affordable and unisex, is the re-usable shopping bag. Designer Emily Hays's **Eco Silk Bags**, \$6.50 each, are durable, washable and come in a range of fade-resistant seasonal colours. Ideal for grocery shopping (specifically made to fit supermarket check-out frames), travelling, a day at the beach, or a picnic, they're also compact and light enough to carry around in your handbag for those unexpected purchases. Saying no to plastic just got a whole lot more fashionable! For stockist details, call (02) 6689 7408 or visit www.ecosilkbags.com.au.

Lip-smacking goodness

I've read that a woman may ingest up to 12 kilograms of lipstick or balm in her lifetime. Even if that figure is exaggerated, it seems important to choose a product that's as natural as possible. Of all the balms I've used over the years, I've found that **Living Nature Manuka Honey Lip Balm**, \$18, is a great choice, with softening shea butter, nourishing manuka honey, and no artificial preservatives. For stockist details, call 1800 002 262.



Botanical beauty

You don't need to visit one of the Endota day spas around the country to get gorgeous skin. Try a little DIY beauty at home using their self-branded range of certified organic skincare products, made using ingredients that haven't been tested on animals. **Endota Spa Organic Skincare Fig'n Sugar Cleanser**, \$38.50, gently cleans skin while natural sugars gently remove dead skin cells to promote a glowing complexion. Hydrating ingredients such as avocado oil help soften dry skin. For stockist details, call 1300 737 330 or visit www.endota.com.au.

